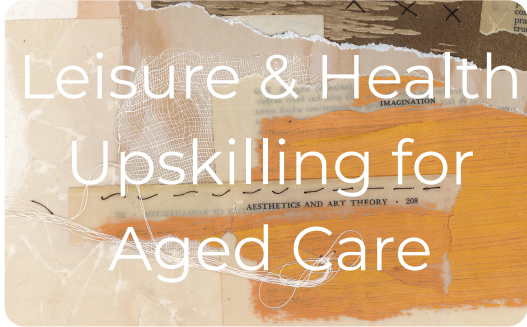




Leisure & Health Upskilling for Aged Care

Develop and refine L&H workers facilitation skills for working in groups with diverse abilities, learn about auto / biography & how to facilitation group reminiscence storytelling.



Lead Facilitator: Dr Karly Edgar is an educator and researcher with expertise in creative engagement, life-storytelling, and person-centred practice. Her doctoral research, which examined volunteer-facilitated biography writing in palliative care, strengthened her expertise in life-storytelling, person-centred practice. Karly has worked in aged care within lifestyle and has taught in the Cert IV of L&H at Holmesglen. She combines a person-centred approach with the practical skills of teaching & facilitating.

- Bespoke options available.
- Sessions can be tailored to the needs of your staff.
- More details on our website.

Choose your topic & your session length

Facilitation Upskilling: for L&H workers

Facilitation Introduction: for PCA's, volunteers, support workers

Lifestorytelling: an introduction to the approaches for biography

How to Facilitate Reminiscence Groups

Get in touch for a quote

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