Art & Alchemy
GALLERY | STUDIO

Lead Facilitator: Dr Karly Edgar is an educator and researcher with expertise in creative engagement, life-storytelling, and person-centred practice. Her doctoral research, which examined volunteer-facilitated biography writing in palliative care, strengthened her expertise in life-storytelling, person-centred practice, and the therapeutic role of creative expression. With academic foundations in drama, art and spirituality and the community, her work explores the intersections of creative practice, wellbeing, and relational care.

Creative professional development sessions focused on encouraging connection and creative learning that strengthens communication, enhances wellbeing, & sparks innovative thinking.

- No artistic exerpeince needed
- Bespoke options aviliable.
- Enjoy our gallery & studio space or we can come to you
- More details on our website

Choose your topic & your session length

Creative Wellbeing: expression, wellbeing & quality of life

Creative Team Development: collaboration & creative problem-solving

Creative Team Building: creative participation

Get in touch for a quote

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